STARTERS
Every bite tells a story

SUMMER DELIGHT
Compressed Watermelon, Blueberries, Walnut, Cherry Tomato, Feta Cheese \& Baby Greens, drizzled with Balsamic Glaze

39


PEACH \& BURRATA SALAD
Burrata cheese, Peach, Pine kernels, Cherry Tomato, Basil, Parmesan Cheese, Balsamic \& Honey

SPICY POTATO WEDGES f
Spicy seasoned Potato wedges, served with a Sweet Chili dip

PRAWN POTSTICKERS
Pan Seared Prawn Dumplings, served with Soy Chili dip

MUSHROOM BRUSCHETTA
Sauteed Mushrooms, Feta, sundried Tomato, wild Rockets, Onions \& Chili on a crunchy country style Bread


VEG POTSTICKERS
Pan seared Veg Dumplings, served with Soy Chili dip

CHEESE FRITTERS
Crumb fried Emmental Cheese Balls, served with a Tomato based dipping Sauce

CHICKEN EMPANADAS
Short crust Pastry stuffed with Chicken, Onions, Peppers \& drizzled with Chili oil


STARTERSOne bite \& forever addicted


CALAMARI FRITTI
Salt and Pepper Calamari tossed with Shallots, Chili and Garlic

SOY GLAZED CALAMARI
Crispy fried Calamari coated in a Soy and Garlic sauce

BANG BAN SHRIMPS
Tempura fried Prawns tossed in Sweet Chili Sauce

TEMPURA PRAWNS
Crispy fried Tempura Prawns tossed, drizzled with Wasabi and Siracha Mayo

PRAWN TACO
Prawns seasoned with Taco Spices and served in a soft Corn Taco


ATOMIC WINGS
Chicken Wings tossed in a Spicy and Tangy Sauce

KOREAN WINGS $f$
Crispy fried Wings tossed in Sweet and Spicy Korean dipping Sauce

CHICKEN TACO
Soft Corn Taco with Chicken, Avocado, Cabbage, Jalapenos, Tomatoes, and Onions, drizzled with a Yogurt dressing
 \\ \title{
SALADS \\ \title{
SALADS \\ Ain't just a meal, it's a way of life
}

HAIL CAESAR
Romaine Lettuce, Parmesan Cheese, Cherry
Tomato, Croutons, Caesar's Dressing
Extra Chicken $\qquad$ IO

Extra Prawns $\qquad$ . 8


## AVOCADO \& QULNOA SALAD

Diced Cucumber, Mixed Capsicum, Chopped Tomato, Celery, Mango, Avocado, Feta Cheese, Quinoa, drizzled with Lemon and Honeydressing

## SPRINGTIME

Mixed Greens, Dried Cranberries, Feta Cheese, Chicken Breast, Pears, Strawberry, Toasted Pecans,
drizzled with Strawberry Vinaigrette


POWER PUNCH
49
Baby Spinach, Quinoa, Pomegranate, Pine Kernels, Walnuts, Feta Cheese, Red and Yellow Cherry Tomatoes, Served with ranch Dressing

CHEF'S SALAD
Chicken, Avocado, Red Kidney Beans, Tomato, black Beans, Spring Onions, Beef Bacon, Egg, Sweetcorn, House dressing


## CHINESE SEAFOOD SOUP

Spicy and Tangy Oriental Soup made with Chopped Prawns,
Calamari \& Crab Meat


## PEASANT'S SOUP

A hearty Asian Rice Soup with Egg and Garlic

HUNGARIAN LENTIL SOUP
Creamy Lentil Soup with Beef / Chicken Sausages


## ROASTED TOMATO SOUP 24

Oven roasted Tomato Soup with Basil and Garlic croutons

## MUSHROOM \& TRUFFLE SOUP

A creamy Mushroom Soup with Mushroom and Truffle tortellini



## MARGHERITA

42
Blended Mozzarella, Homemade Tomato Sauce \& Mixed Herbs

## TRUFFLE \& MUSHROOM ${ }_{46}$

Fresh Sliced Mushrooms, Truffle Cream
Sauce and Blended Mozzarella


# impossible pizza n 

49
Plant Based Minced Meat, Mushrooms, Jalapenos, Homemade Tomato Sauce, Cheese Blend
ib burrata e funghi
Burrata, Mushrooms, Wild Rockets, homemade Tomato Sauce and Cheese Blend


## CALABRESE

46
Tuna, Pesto Cream, Diced Tomatoes, Onions, Green Chilli, Cheese blend

## GIARDINIERA

45
Plant based minced Beef, Eggplant, Zucchini,
Homemade Tomato Sauce, Cheese blend


## Delicious to the crust

## AMERICANO

Beef Pepperoni, Homemade Tomato Sauce \& Cheese blend

## LOADED

Ground Beef, Beef Pepperoni, Chicken, Mushrooms, Onions, Chili, Homemade
Tomato Sauce, Cheese blend


Chicken Breast tossed in Spicy Wing Sauce, Chili, Onions, Garlic, Sour Cream and Cheese blend

## MEXICANO

Minced Beef, Guacamole, Black Beans, Jalapenos, Tomato \& Onion Salsa, Tortilla,

Sour Cream, Parsley, Cheese blend


CHARRED
45
Spiced beef, Onions, Chili, Homemade
Tomato Sauce, Cheese blend



## in crust we trust



## CHICKEN TIKKA

Chicken Cooked in Tandoori Spices, Ricotta Cheese, Chopped Onions, Chili, Coriander, Homemade Tomato Sauce, Cheese blend

PANEER TIKKA
Paneer, Coriander, Onions, Green Chili,
Homemade Tomato Sauce,
Cheese blend


BBQ Chicken, Red Peppers, Onions, Homemade Tomato Sauce, Cheese blend


## CARIBBEAN DELIGHT

Shrimps, Calamari, Crab Meat, Chili, Parsley, Homemade Tomato Sauce, Cheese blend


# $\rightarrow$ PASTA <br> \section*{when in daught, have pasta} 

## FUSILLI ALFREDO

Pasta tossed in a Mushroom Cream Sauce with Parmesan and Herbs

Extra Chicken. $\qquad$
Extra Prawns............. 16

## FUSILLI MILANESE

A Creamy Tomato Sauce with Mushrooms and sundried Tomatoes
$\qquad$
Extra Chicken .8
Extra Prawns. $\qquad$ .16

## FETTUCCINI CARBONARA

A rich Sauce made with Cream, Egg yolk and Parmesan, tossed with Beef Bacon and Beef Sausages

## SPAGHETTI BOLOGNAISE

A hearty Meat Sauce, a classic Dish from Bologna

FUSILLI ARRABBIATA ..... 37

Pasta in a Spicy Sauce made from Garlic, Tomatoes, dried red Chili Peppers

Extra Chicken........... 8
Extra Prawns.
.16

FUSILLI PESTO
Fusilli Pasta tossed in a fresh homemade Basil Pesto


Spaghetti tossed in extra Virgin Olive Oil, Garlic, Parmesan, and Chili
$\qquad$
Extra Prawns. I8

48
Fusilli tossed in mildly Spicy Tomato Sauce with Plant-based Beef, Sauteed Mushrooms and Eggplant

IMPOSSIbLE MEAT BALL
Spaghetti tossed in a homemade Tomato Sauce Plant-based Meat Balls

## RICE \& NOODLES <br> it's a sure bet

## NASI GORENG <br> 49

A Southeast Asian fried Rice with Chicken, Prawn and Vegetables, topped with an Organic fried Egg, Satay Chicken Skewers


## SEAFOOD \& SAUSAGE GUMBO 66

A popular Southern American Stew made with a strongly flavoured Stock, Seafood, Chicken Sausages and Okra. Served with plain white Rice


MUSHROOM RISOTTO
49
Traditional Italian recipe made with Arborio Rice cooked in a flavourful Broth along with Parmesan Cheese and Mushrooms

Extra Plant based Meat............Io
Extra Chicken
.8


1. SEAFOOD PAELLA

Classic Spanish Rice dish simmered with Saffron infused Bomba Rice, mixed Seafood and Beef Chorizo

# RICE \& NOODLES food for soul 

> PRAWN RISOTTO

Arborio rice slowly cooked in a seafood broth along with parmesan and prawns

## VIETNAMESE CHICKEN RICE

A creamy Rice dish from the far east topped with Poached Chicken Breast, Fried Garlic, Spring Onions, and Crispy Onions


## STREET NOODLES

Noodles tossed with Shrimp, Calamari, Garlic \& Chili in a Soy and Oyster-based Sauce


## BEEF LO MEIN

45
Noodles tossed with Sauteed Beef Tenderloin and Vegetables in a Soy Oyster Sauce

## PRAWN CHOW MEIN <br> 46

Noodles tossed with Prawns, Sauteed Carrots and Beans Sprouts in a Spicy Sesame \& Herb Sauce VEG option 35

## PENANG CURRY

43Sauteed Beef Tenderloin tossed in Thai red Curry, served with Jasmine Rice

PEPPER CHICKEN NOODLES
Flat Pasta tossed with Pepper Chicken, Sugar Snap Peas and Peppers

nice to meat you

## GRILLED BEEF MEDALLIONS

Medallions of Beef Tenderloin with sauteed
Mushrooms \& Mashed Potatoes, served with a Peppercorn Sauce

## GRILLED CHICKEN BREAST

Grilled Marinated Chicken Breasts accompanied with Sauteed Potato, Spinach Salad and served with a Mushroom Sauce

CHICKEN VALENCIA
Orange crusted Chicken, served with a Creamy Mushroom Sauce and new Potatoes


## TERIYAKI CHICKEN SKEWERS <br> 54

Grilled glazed Chicken and Peppers on a Skewer, served with Oriental fried Rice

CHICKEN KATSU CURRY
A mild Japanese Curry with Panko coated Chicken
Breast, served with Jasmine Rice and
Poached Egg

CHICKEN SCHNITZEL
55
Breaded Chicken Breast accompanied with seared Wasabi Potatoes and served with Mushroom Sauce



## GRILLED SALMON

Grilled Salmon with Avocado and Corn Salsa, drizzled with Lemon Butter


HONEY GLAZED SALMON
69
Honey and Mustard glazed Salmon Fillet served on a bed of Smokey Quinoa and Broccoli


TERIYAKI SALMON
67
Salmon fillet glazed with Teriyaki, sprinkled with toasted Sesame, and served with a black Rice and Cuscus



CHICKEN NUGGETS \& FRIES

FISH FINGERS \& FRIES

KIDDOS SPAGHETTI BOLOGNAISE

FUSILLI CHEESE BAKE

KIDDOS MARGHERITA

KIDDOS PEPPERONI

CHICKEN NOODLES

## DESSERT

BURNT CHEESECAKE WITH STRAWBERRY COULIS ..... 25
VANILLA CHEESECAKE WITH PASSION FRUIT COMPOTE ..... 27
CARROT CAKE ..... 25
CHURROS WITH CARAMEL SAUCE ..... 25
CHOCOLATE BROWNIE WITH VANILLA ICE CREAM AND CHOCOLATE SAUCE ..... 27
BANANA FRITTERS WITH HONEY AND VANILLA ICE CREAM ..... 27
ICE CREAM - VANILLA, CHOCOLATE, STRAWBERRY ..... 21


